

**Convention on  
Biological Diversity**

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ENGLISH ONLY

**REGIONAL WORKSHOP TO FACILITATE THE DESCRIPTION  
OF ECOLOGICALLY OR BIOLOGICALLY SIGNIFICANT  
MARINE AREAS IN THE NORTH-EAST ATLANTIC OCEAN  
AND TRAINING SESSION ON EBSAS**

Stockholm, Sweden, 22-27 September 2019

**INFORMATION NOTE FOR PARTICIPANTS**

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## 1. Opening and registration

The Regional Workshop to Facilitate the Description of Ecologically or Biologically Significant Marine Areas in the North-East Atlantic Ocean and Training Session on EBSAs will be held in Stockholm, Sweden, from Sunday, 22 September, to Friday, 27 September 2019.

The meeting will start at 9:00 a.m. on Sunday, 22 September, and registration will take place at the venue of the meeting at 8:30 a.m. the same day.

## 2. Venue

The meeting will be held at:

### **Courtyard by Marriott Stockholm Kungsholmen**

Rålambshovsleden 50

112 19 Stockholm, Sweden

Tel: +46-8-441 31 00

Fax: +46-8-441 31 99

E-mail: [Reservation.Stockholm@marriotthotels.se](mailto:Reservation.Stockholm@marriotthotels.se)

Website: <https://www.marriott.com/hotels/travel/stocy-courtyard-stockholm-kungsholmen/>

## 3. Working language

The workshop will be held in English.

## 4. Documents

In order to minimize the environmental footprint of the workshop and in line with the UN policy towards greener meetings, participants are kindly reminded to bring their own copies of the documents, or to use paperless versions, as there will be no extra copies made available on site during the workshop. Documents will be posted, as they become available, on the following web page:



<https://www.cbd.int/meetings/EBSA-WS-2019-01>

## 5. General information on access to Stockholm



Stockholm is serviced by the Stockholm Arlanda International Airport (ARN) (40 km from downtown). You can reach the city by train, bus or taxi. The information is as follows.

### Train

An express train (Arlanda Express) departs every 15 minutes during the day, and every 30 minutes during the night. The train takes 20 minutes and arrives at and departs from platforms 1 and 2 at Stockholm Central Station.

Another option is the commuter train. Tickets can be purchased at the airport. The commuter train also arrives at and departs from Stockholm Central Station (and other stations on the way). The commuter train takes about 40 minutes, and the train departs every 30 minutes.

## Bus

Flygbussarna Airport Coaches offers affordable transfer between Arlanda and Stockholm C, with departures up to every 10 minutes throughout the day. The travel time is approximately 45 minutes. Buy your tickets online at <https://www.flygbussarna.se> for the best price.

Flixbus also runs coach connections between Arlanda and Stockholm, around two to three times a day.

## Taxi

Taxis are available and they are all eco-taxis. The Swedish taxi market is deregulated, so free price setting applies to taxi rides in Sweden Request fixed pricing from airport to downtown; the cost is about SEK 675, and the journey takes about 30 minutes.

## 6. **Visa information**



Participants from countries requiring an entry visa for Sweden (Schengen visa) are strongly advised to contact the nearest Swedish diplomatic or consular mission **as soon as possible** in order to secure the required entry visa in a timely manner, prior to departure. **Please note that airline companies will not allow boarding in the absence of a valid visa.**

Information on visa and a list of relevant Swedish diplomatic/consular missions abroad is available on the website of the Government Offices of Sweden at:

<https://www.government.se/government-policy/migration-and-asylum/information-on-visas/>; and <https://www.government.se/government-policy/migration-and-asylum/list-of-swedish-schengen-representations/>

The listing of countries requiring a visa can be found at the following link: <https://www.government.se/government-policy/migration-and-asylum/list-of-foreign-citizens-who-require-visa-for-entry-into-sweden/>

To facilitate the issuance of visas, the Secretariat will issue, upon request, invitation letters to be attached to the visa applications.

## 7. **Hotel information**

Participants are kindly reminded that they must make their own hotel reservations. It is advisable to reserve rooms as early as possible. Special rates have been negotiated at the workshop venue, Courtyard by Marriott Stockholm Kungsholmen. The special rate of 1750 SEK (breakfast included) can be obtained by quoting code **L6C**.

### Contact:

E-mail: [Reservation.Stockholm@marriotthotels.se](mailto:Reservation.Stockholm@marriotthotels.se)

Tel.: +4684413140.

Bookings may be cancelled up to 24h prior to arrival.

A list of additional hotels in the vicinity of the venue can be found in Annex A, below.

Further information on hotels in Sweden is available at the following web site:

<https://sweden.nordicvisitor.com/>



## 8. Payment of the Daily Subsistence Allowance (DSA)

The DSA will be disbursed to sponsored participants on the first day of the workshop in the form of a prepaid credit card. For identification purposes, these participants are kindly requested to bring their passports and boarding passes. These will be photocopied and returned to participants during the workshop. It is advisable that participants have some cash at hand to cover expenses that may occur between their arrival and the moment at which the prepaid credit card they are provided with is activated.

## 9. Official languages

The official main language in Sweden is Swedish. However, there are five national minority languages: Finnish, Yiddish, Meänkieli, Romani and Sami. English is widely spoken in Sweden.

## 10. Weather and time zone information



In September average temperatures in Stockholm usually range between a maximum of +15°C in the daytime and a minimum of +9°C at night. Please bring jacket for cool evenings and rain. Current weather conditions in the area can be found at: <https://worldweather.wmo.int/en/city.html?cityId=187>.

The standard time zone in Sweden is Central European Summer Time (CEST) equivalent to GMT/UTC +2 hours.

## 11. Electricity

The electrical currents in Sweden are 230 Volts, 50 Hertz. The plugs are as shown in the illustrations below:



## 12. Currency



The currency in Sweden is the Swedish krona (SEK). The current exchange rate as at 11 June 2019 is US \$1 = SEK 9.441 and € 1 = SEK 10.692 (rates are subject to change, source: [www.xe.com](http://www.xe.com)).

## 13. Disclaimer

The CBD Secretariat disclaims all responsibility for medical, accident and travel insurance, for compensation for death or disability compensation, for loss of or damage to personal property and for any other loss that may be incurred during travel time or the period of participation. In this context, it is strongly recommended to secure international medical, accident and travel insurance for the period of participation prior to departure.

## Annex A – Hotel Listing

### LIST OF HOTELS WITH INDICATIVE ROOM RATES FOR 2019 IN SWEDISH KRONA

RATES ARE INDICATIVE AND SUBJECT TO CHANGE

HOTELS	ROOM RATES IN SWEDISH KRONA (Rates on certain holidays / special events may not be available)
<p><b>1. Courtyard by Marriott Stockholm Kungsholmen (workshop venue)</b>                      Rålambshovsleden 50                      112 19 Stockholm, Sweden                      Tel: +46-8-441 31 00                      Fax: +46-8-441 31 99                      Website: <a href="https://www.marriott.com/hotels/travel/stocy-courtyard-stockholm-kungsholmen/">https://www.marriott.com/hotels/travel/stocy-courtyard-stockholm-kungsholmen/</a></p>	<p>See above, item 7.                      Special rate 1750 SEK when using code: <b>L6C</b>  <a href="mailto:Reservation.Stockholm@marriotthotels.se">Reservation.Stockholm@marriotthotels.se</a> or                      Tel: +4684413140.                      Bookings may be cancelled up to 24h prior to arrival.</p>
<p><b>2. Clarion Hotel Amaranten</b>                      Kungsholmsgatan 31,                      Stockholm, Sweden                      Website: <a href="https://clarion-hotel-amaranten.hotelistockholm.com/en/">https://clarion-hotel-amaranten.hotelistockholm.com/en/</a></p>	<p>1565 SEK</p>
<p><b>3. First Hotel Fridhemsplan</b>                      Sankt Eriksgatan 20,                      112 39 Stockholm, Sweden                      Website:  <a href="https://www.firsthotels.com/hotels/sweden/stockholm/first-hotel-fridhemsplan/">https://www.firsthotels.com/hotels/sweden/stockholm/first-hotel-fridhemsplan/</a></p>	<p>980 SEK</p>
<p><b>4. Hotel Aldoria</b>                      Sankt Eriksgatan 38                      112 34 Stockholm, Sweden                      Tel: +46-(0)8-693 63 00                      Fax: +46 (0)8-693-6303                      E-mail: <a href="mailto:info@aldoria.se">info@aldoria.se</a>                      Website: <a href="http://www.hotelaldoria.se/en-GB">http://www.hotelaldoria.se/en-GB</a></p>	<p>1190 SEK</p>
<p><b>5. Connect Hotel City Stockholm</b>                      Götalandsvägen 218                      125 44 Stockholm, Sweden                      Tel: +46 8-42 00 3000                      Website: <a href="http://connecthotels.se/en/stockholm/">http://connecthotels.se/en/stockholm/</a></p>	<p>1099 SEK</p>

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