The Isle of Vilm is situated in the north-east of Germany, south of Rügen Island. You can reach the Isle of Vilm by plane via Berlin or Hamburg with connecting trains to Lauterbach/Mole. From there the ferry leaves to Vilm.

**Airports:**
If you arrive at Hamburg airport, please take the S-Bahn (suburban rail network) line S1. It operates every 10 minutes between Hamburg Airport and Hamburg’s central railway station, Hauptbahnhof, a journey of only 25 minutes. The “Hamburg Airport (Flughafen)” S-Bahn station is directly in front of the terminals and is easily reached by lift, escalator or stairs.
In Berlin there are three airports. If you arrive at Berlin-Tegel, please take the shuttle bus TXL to Berlin Central train station (runs every 10 minutes, ride takes 20 minutes). If you arrive at Berlin-Schönefeld or Berlin-Tempelhof you can use the suburban trains (S-Bahn) or the underground (U-Bahn) to reach Berlin Central Train Station (“Hauptbahnhof”).

**How to choose your train:**
Go to [www.bahn.de](http://www.bahn.de). For English language click the button in the upper right corner, and then type your train connection under “TravelService/Timetable” on the left. Please look for train connections to Lauterbach/Mole. You may also type e.g. “Berlin Airport” as point of departure, and then choose the right airport in order to get the direct train connection to Lauterbach/Mole.

**Arrival by car:**
You can reach the island Rügen from Stralsund by crossing the Rügen dam or the new Rügen bridge. Rügen is only 3 hours away from Lübeck, Hamburg and Berlin. New motorways ensure excellent connections.

We recommend the following routes:

**From the direction of Lübeck / Hamburg / Schleswig-Holstein**
From the A 1 via the Lübeck intersection onto the Ostsee-Autobahn (Baltic motorway) A 20 until you get to the Stralsund / Insel Rügen exit, then follow the four-lane slip road (B 96 n) and the Stralsund bypass.
Take the exit “Hafen/Ozeaneum”, carry on and cross the old Rügen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.
**From the direction of Berlin**
Coming from the west follow the A 24 until you reach the Wittstock motorway triangle, then take the A 19 until the Rostock intersection from where you can follow the A 20 in the direction of Stralsund. (Stralsund/Insel Ruegen exit)

or

Coming from the east follow the A 11 until you reach the Uckermark intersection. Then take the A 20 in the direction of Stralsund (Stralsund/Insel Ruegen exit)

Take the exit “Hafen/Ozeaneum”, carry on and cross the old Ruegen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

**From the direction of Poland**
Via the A 11 Stettin - Berlin motorway and the Pomellen border crossing to Germany. Continue to the Uckermark motorway triangle, then take the A 20 in the direction of Stralsund/Neubrandenburg until you come to the Neubrandenburg-Nord exit; from there follow the B96 slip road, then take the B96 to Stralsund and the Stralsund bypass.

Take the exit “Hafen/Ozeaneum”, carry on and cross the old Ruegen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus, follow the signs to Lauterbach.

**Current closing times for the Ruegen dam are:**
02.30 - 02.50 hrs
05.20 - 05.40 hrs
08.20 - 08.40 hrs
12.20 - 12.40 hrs
15.20 – 15.40 hrs
17.20 - 17.40 hrs
21.30 - 21.50 hrs

In Lauterbach parking is available in our visitors' car parks (see location map). Although there is a pay machine, parking for INA guests is **free of charge**. However we cannot assume liability for any vehicles parked there. We advise visitors not to make their journey by car, particularly during the peak tourist season in summer.

**Ferries:**
There are ferry connections from several Nordic countries to Rügen or nearby:
* Trelleborg (Sweden) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
* Gedser (Denmark) to Rostock/Germany (continue by train to Stralsund/Bergen)
* Klaipeda (Lithuania) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
* St. Petersburg (Russia) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)

**Just in case - how to call a taxi:**
Stralsund: ++ 49 (0)3831 - 292000 or 39 33 33
Bergen: ++ 49 (0)3838 - 252627
Sassnitz: ++ 49 (0)38392 - 3030
Putbus: ++ 49 (0)38301 – 339

**In emergency cases**
...you can reach somebody to help you at the reception of the Academy (attended until midnight). Please call: ++ 49 (0)38301-86-0.
Location of the train station, parking lot and pier in Lauterbach/Mole:

Walking time from the train station/ parking lot to the pier: ca. 10 minutes

Ferry transfer to Vilm:
The ferry trip takes 10 minutes. The ferry is run by the Academy and is free of charge. It operates according to a fixed timetable (see below) which is coordinated with the train timetable.

Ferry Timetable Lauterbach - Vilm/Vilm – Lauterbach:
Monday to Friday:

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* runs exclusively on day of arrival and departure
** runs exclusively on day of arrival, if ordered by phone 038301-860 or 0170-5232166 at least 2 hrs in advance
*** runs only on Friday

Saturday and Sunday:
Please find the schedule of the ferry in the programme of the seminar.

We wish you an enjoyable and pleasant journey!