

The Isle of Vilm is situated in the north-east of Germany, south of Rügen Island. You can reach the Isle of Vilm by plane via Berlin or Hamburg with connecting trains to Lauterbach/Mole. From there the ferry leaves to Vilm.

Airports:

If you arrive at *Hamburg* airport, please take the S-Bahn (suburban rail network) line S1. It operates every 10 minutes between Hamburg Airport and Hamburg's central railway station, Hauptbahnhof, a journey of only 25 minutes. The "Hamburg Airport (Flughafen)" S-Bahn station is directly in front of the terminals and is easily reached by lift, escalator or stairs.

In Berlin there are three airports. If you arrive at *Berlin-Tegel*, please take the shuttle bus TXL to Berlin Central train station (runs every 10 minutes, ride takes 20 minutes). If you arrive at *Berlin-Schönefeld* or *Berlin-Tempelhof* you can use the suburban trains (S-Bahn) or the underground (U-Bahn) to reach Berlin Central Train Station ("Hauptbahnhof").

How to choose your train:

Go to www.bahn.de. For English language click the button in the upper right corner, and then type your train connection under "TravelService/Timetable" on the left. Please look for train connections to *Lauterbach/Mole*. You may also type e.g. "Berlin Airport" as point of departure, and then choose the right airport in order to get the direct train connection to Lauterbach/Mole.

Arrival by car:

You can reach the island Ruegen from Stralsund by crossing the Ruegen dam or the new Ruegen bridge. Ruegen is only 3 hours away from Lübeck, Hamburg and Berlin. New motorways ensure excellent connections.

We recommend the following routes:

From the direction of Lübeck / Hamburg / Schleswig-Holstein

From the A 1 via the Lübeck intersection onto the Ostsee-Autobahn (Baltic motorway) A 20 until you get to the Stralsund / Insel Rügen exit, then follow the four-lane slip road (B 96 n) and the Stralsund bypass.

Take the exit "Hafen/Ozeaneum", carry on and cross the old Ruegen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

From the direction of Berlin

Coming from the west follow the A 24 until you reach the Wittstock motorway triangle, then take the A 19 until the Rostock intersection from where you can follow the A 20 in the direction of Stralsund. (Stralsund/Insel Ruegen exit)

or

Coming from the east follow the A 11 until you reach the Uckermark intersection. Then take the A 20 in the direction of Stralsund (Stralsund/Insel Ruegen exit)

Take the exit "Hafen/Ozeaneum", carry on and cross the old Ruegen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

From the direction of Poland

Via the A 11 Stettin - Berlin motorway and the Pomellen border crossing to Germany. Continue to the Uckermark motorway triangle, then take the A 20 in the direction of Stralsund/Neubrandenburg until you come to the Neubrandenburg-Nord exit; from there follow the B96 slip road, then take the B96 to Stralsund and the Stralsund bypass.

Take the exit "Hafen/Ozeaneum", carry on and cross the old Ruegen dam. Immediately after the dam turn right for the direction Garz/Putbus. In Putbus, follow the signs to Lauterbach.

Current closing times for the Ruegen dam are:

02.30 - 02.50 hrs

05.20 - 05.40 hrs

08.20 - 08.40 hrs

12.20 - 12.40 hrs

15.20 – 15.40 hrs

17.20 - 17.40 hrs

21.30 - 21.50 hrs

In Lauterbach parking is available in our visitors' car parks (see location map). Although there is a pay machine, parking for INA guests is **free of charge**. However we cannot assume liability for any vehicles parked there. We advise visitors not to make their journey by car, particularly during the peak tourist season in summer.

Ferries:

There are ferry connections from several Nordic countries to Rügen or nearby:

- * Trelleborg (Sweden) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
- * Gedser (Denmark) to Rostock/Germany (continue by train to Stralsund/Bergen)
- * Klaipeda (Lithuania) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
- * St. Petersburg (Russia) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)

Just in case - how to call a taxi:

Stralsund: ++ 49 (0)3831 - 292000 or 39 33 33

Bergen: ++ 49 (0)3838 - 252627

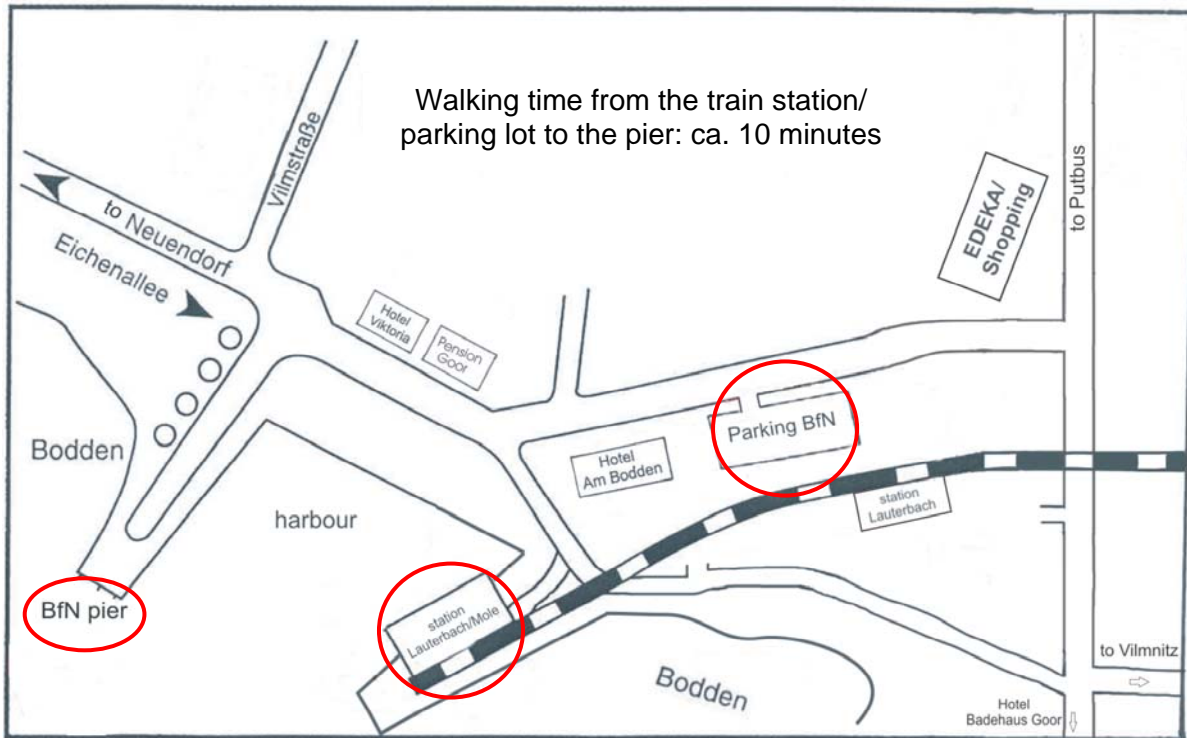
Sassnitz: ++ 49 (0)38392 - 3030

Putbus: ++ 49 (0)38301 – 339

In emergency cases

...you can reach somebody to help you at the reception of the Academy (attended until midnight). Please call: ++ 49 (0)38301-86-0.

Location of the train station, parking lot and pier in Lauterbach/Mole:



Ferry transfer to Vilm:

The ferry trip takes 10 minutes. The ferry is run by the Academy and is free of charge. It operates according to a fixed timetable (see below) which is coordinated with the train timetable.

Ferry Timetable Lauterbach - Vilm/Vilm – Lauterbach:

Monday to Friday:

Departure Lauterbach	Arrival Vilm	Departure Vilm	Arrival Lauterbach
06.40	06.50	07.25	07.35
07.40	07.50	07.55	08.05
08.10	08.20	08.25	08.35
08.40	08.50	09.20	09.30
10.15	10.25	11.00*	11.10
11.15*	11.25	12.05	12.15
12.20**	12.30	13.00**	13.10
13.15	13.25	13.35	13.45
14.15	14.25	14.35***	14.45
15.15***	15.25	15.35	15.45
16.15	16.25	16.35	16.45
17.15	17.25	17.35	17.45
18.10*	18.20	18.35*	18.45
20.10	20.20	20.30	20.40

* runs exclusively on day of arrival and departure

** runs exclusively on day of arrival, if ordered by phone 038301-860 or 0170-5232166 at least 2 hrs in advance

*** runs only on Friday

Saturday and Sunday:

Please find the schedule of the ferry in the programme of the seminar.

We wish you an enjoyable and pleasant journey!