



Convention on Biological Diversity

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ENGLISH ONLY

REGIONAL CAPACITY-BUILDING WORKSHOP
FOR THE AFRICAN REGION ON TRADITIONAL KNOWLEDGE
AND CUSTOMARY SUSTAINABLE USE UNDER THE CBD
Kenya, Nairobi, 26 - 28 March 2014

INFORMATION NOTE FOR PARTICIPANTS

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1. Opening and registration

The Regional Capacity-building Workshop for the African Region on Traditional Knowledge and Customary Sustainable Use under the CBD will be held in Nairobi, Kenya from 26 to 28 March 2014.

The meeting will start at 9:00 a.m. on Wednesday, 26 March 2014, and registration will take place at the venue of the meeting from 8:30 a.m. to 9:00 a.m. the same day.

2. Venue

The meeting will be held at:

HOTEL GRACEHOUSE RESORT

Chania Avenue, Off Ring Rd Kilimani

Next to Yaya Centre

Nairobi, Kenya

Telephone: +254 721 320 917

Web site: <http://www.gracia-hotels.com/>

E-mail: gracehouse@gracia-hotels.com

3. Working language of the meeting

The meeting will be held in English and French with interpretation for the plenary sessions of the meeting.

4. Documents

Participants will receive a CD with meeting documents and relevant documents will be available for participants of the meeting. All documents for the meeting can be found at the following link:



<http://www.cbd.int/doc/?meeting=8JWS-2014-01>

5. General information on access to Nairobi, Kenya



Nairobi is serviced by the Jomo Kenyatta International Airport (14 kms from the city centre and about 18 kms from the airport). The meeting venue is located next to Yaya Centre, Chania Avenue, off Ring Rd Kilimani area of Nairobi.

Taxis are available at the airport; please use an official airport taxi. Agree on the price before departing and please be advised that the use of a taxi is the only way into the city from 10:00 p.m. to 6:00 a.m. The journey should take approximately 30 minutes depending on traffic.

Some hotels offer shuttle service to and from the airport at a cost, participants should enquire when making their reservations.

6. Visa information



Participants are strongly advised to contact the nearest Kenyan diplomatic or consular mission **as soon as possible** in order to secure the required entry visa in a timely manner, prior to departure.

Information on visa requirements can be found on the web site of the Immigration Department of Kenya at the following link: <http://www.immigration.go.ke/>

7. Health requirements

The International travel, health and vaccination requirements for travel to Kenya can be obtained from the World Health Organization (WHO) web site: <http://apps.who.int/tools/geoserver/www/ith/index.html>. There are several vaccinations that are recommended.

A yellow fever vaccination certificate is required from travellers over one year of age coming from countries with risk of yellow fever transmission. The cities of Nairobi and Mombasa have lower risk of transmission than rural areas.

Risk of Malaria exists throughout the year in the whole country. Normally, there is little risk in the city of Nairobi and in the highlands (above 2,500 m) of Central, Eastern, Nyanza, Rift Valley and Western provinces.

Please note that Kenyan tap water is not safe to drink, however, bottled water is readily available.

For more information, please consult a medical professional with regard to the vaccination requirements for your travel.

8. Hotel information

A block booking has been made on behalf of all participants at the **Gracehouse Resource Hotel**. Participants planning to arrive earlier for personal reasons (earlier than required for the meeting taking into account flight arrivals) should contact the hotel directly.

Sponsored participants

All sponsored participants are pre-booked at the **Gracehouse Resource Hotel**. This includes a single room, breakfast, lunch, dinner and internet access. The hotel information is listed below:

HOTEL GRACEHOUSE RESOURT
Chania Avenue, Off Ring Rd Kilimani
Next to Yaya Centre
Nairobi, Kenya
Telephone: +254 721 320 917
Web site: <http://www.gracia-hotels.com/>
E-mail: gracehouse@gracia-hotels.com

Non-sponsored participants

Non-sponsored participants are encouraged to make their own reservations at the Gracehouse Resource Hotel.

9. General Safety Rules for Travellers to Kenya

General security advice for Nairobi provided by the United Nations Office for Nairobi (UNON) can be accessed at this link: http://dcs.unon.org/index.php?option=com_content&view=article&id=127&Itemid=177&lang=en

For more specific security advice both before and during the workshop, please check your national Foreign Office travel advisory for Kenya.

As in other countries, it is advisable to hand in your passport, traveller's cheques, excess money and any other valuables to be locked in the hotel's safe. Some precautions are as follows:

- Make a copy of your passport and keep it in your luggage;
- Don't walk on your own at night in the major cities or on empty beaches;
- Always use a licensed taxi and confirm fare in advance;
- Do not carry a lot of cash with you or wear expensive jewellery;
- Wear a money belt that fits under your clothes;
- Don't carry a lot of camera equipment especially in the major cities.

10. Payment of the Daily Subsistence Allowances (DSA)

The residual DSA will be paid to the sponsored participants starting on the first day of the meeting.

11. Official language in Nairobi, Kenya

There are two official languages in Kenya which are Swahili and English.

12. Weather and time zone information



In March, temperatures in Nairobi usually range between a maximum of +26°C in the daytime and a minimum of +13°C at night. Current weather conditions in the area can be found at: <http://www.worldweather.org/071/c00251.htm>.

The standard time zone will be GMT/UTC +3 hours.

13. Electricity

The electrical currents in Kenya are 240 Volts, 50 Hertz as shown in the illustration below.



14. Currency



The currency in Kenya is the Kenyan Shilling (Ksh) (KES). The current exchange rate as at 20 February 2014 (subject to change) is US \$1 = 86.15 Ksh and €1 = 118.19 Ksh. Most hotels offer currency exchange facilities as well as banks in major centres are open from 9:00 a.m. to 4:00 p.m. and at Jomo Kenyatta International Airport which is open daily from 7:00 a.m. to midnight. ATM machines are also available country wide, including two ATM machines at the meeting venue. Major credit cards are accepted.

15. Disclaimer

The CBD Secretariat disclaims all responsibilities for medical, accident and travel insurances, for compensation for death or disability compensation, for loss of or damage to personal property and for any other losses that may be incurred during travel time or the period of participation. In this context, it is strongly recommended that participants will secure international medical, accident and travel insurances for the period of participation prior to departure.
