Best practices and lessons learned

A quick view in The Netherlands concerning the use of green space for better health

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• Nature based solutions

• Valorization
Research

• TEEB study Green, healthy and productive
• Horticulture sector (5 factsheets urban green)
• Quality and accessibility of green space
Networks/community of practice

- Everything is health
- TEEB-city-tool
- Healthy green in and around the City
Individual projects

- Wellbeing in green area’s
- Aftercare for general practitioners
Lessons learned

• Lots of initiatives
• Nature based solutions and transparency/valorization
• Many small-scale projects and pilots
• Project financing, not structural
• Monitoring of effects and impact needs improvement
• Most initiatives from the green sector – offer send
• Lack of evidence
• Health professionals hardly involved
• Speak the language of the other parties
• Inclusion in policy lean, but increasing
• The discussion about negative impacts (lyme, zoonose) is not included
How to stimulate transition (structural)

- Prevention, cure and care
- Connect to the health priorities and language
- Coöperation
- Outcome measurements
- Deliver evidence based interventions
- Recognition process database of the Centre for Healthy Living
  - quality, effectiveness and feasibility of lifestyle interventions
  - in combination with a communication/marketing plan
- Connect with climate-discussion in order to create urgency